

Name: \_\_\_\_\_

# Germ-o-rama

by Lydia Lukidis

Greetings! My name is Mr. Ash and I'm an itsy bitsy germ. At first I was living in Marcia's body. She didn't wash her hands after she went to the bathroom. Then she hugged her friend Sally. That's when I jumped into Sally's body.

Atchoo!! Now I made Marcia and Sally sick!

Everybody gets sick sometimes. It's because of me and all the other germs. But what are germs?



Hk

ar

w

tw



## ~ PREVIEW ~

Please log in or register to download  
the printable version of this worksheet.

ool

ou

e

Bacteria are little creatures. They can live outside your body. They can also live inside you. Some bacteria are really nasty. They can cause infections. They can cause a sore throat, tonsillitis, ear infections or pneumonia.

Not all bacteria are bad though. Some kinds of bacteria are actually good for your bodies. They keep you balanced. For example, good bacteria lives in your intestines. They help your body digest food. Good bacteria are sometimes called "probiotics".

Viruses are a bit different. They can only live inside you to survive. They can also live in a plant or animal. Whatever they live in is called the "host."

They can spread and make you sick. They can cause yucky diseases like the flu, measles, and chicken pox. Good thing viruses don't live long.

So how do we germs get around? Easy! We surf around in the air through sneezes, coughs, or breaths. We also travel in sweat, saliva, and blood. Some of us, like me, can travel from one person to another if they touch each other. We can live on objects for a while, like a doorknob. When the next person touches that doorknob, poof! I jump into their body.



W  
Y  
G  
Y



**~ PREVIEW ~**

Please log in or register to download the printable version of this worksheet.

st  
ay  
en

If you do all these things, you will be prepared to battle germs like this:

## About the Author



Lydia Lukidis is a published children's author with a multi-disciplinary background that spans the fields of literature, theater and puppetry.

Lydia's picture book, *Gerbs in the House: The Dilly Dally Bedtime Routine*, is now available. Find out if Mocha will ever get his silly son to sleep!

Lukidis, Lydia. *Gerbs in the House: The Dilly Dally Bedtime Routine* ISBN: 978-0-9917402-7-7

Name: \_\_\_\_\_

# Germ-o-rama

by Lydia Lukidis



1. List the two main types of germs.  
\_\_\_\_\_ and \_\_\_\_\_

2. In the article, you learned several characteristics of bacteria. Circle the characteristic of bacteria that was not mentioned in the article.

- a. Bacteria are creatures that can live inside and outside of your body.
- b. Bacteria cause diseases like the flu, measles, and chickenpox.



## ~ PREVIEW ~

Please log in or register to download the printable version of this worksheet.

help

3. \_\_\_\_\_ hat

coughs	vitamins	sleeping	saliva
sneezes	vaccines	breaths	showering
sweat	blood	objects	smiles

4. Give one way you can protect yourself against germs. (Use a complete sentence.)  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

# Germ-o-rama

by Lydia Lukidis



The scrambled words below are vocabulary words from the article. Unscramble each word and write it on the line. Please be sure each word is spelled correctly.

1. \_\_\_\_\_ p o c r i c e m s o

**hint:** a device used to see really tiny things

2. \_\_\_\_\_ b o o k d r o n

**hint:** the part of a door that you turn to open

3. \_\_\_\_\_ g e y i n h e

**hint:** things you do to stay healthy and clean

4.



## ~ PREVIEW ~

Please log in or register to download  
the printable version of this worksheet.

5.

st

med

6. \_\_\_\_\_ t a r i b e c a

**hint:** tiny creatures that live inside or outside your body; can cause infections

7. \_\_\_\_\_ s u v i r

**hint:** a tiny form of living matter that can only survive inside you; can cause diseases

8. \_\_\_\_\_ s i s t e s u

**hint:** thin paper squares you use to clean your nose

Name: \_\_\_\_\_

# Germ-o-rama

by Lydia Lukidis



In the article "Germ-o-rama", you learned about different kinds of germs and some of the diseases they cause.

Research one disease that is spread by germs. On the lines below, describe the disease, list some of the symptoms (such as a runny nose), and explain how to treat the disease.



**~ PREVIEW ~**

Please log in or register to download  
the printable version of this worksheet.

---

---

---

---

---

---

---

---

---

---

## ANSWER KEY

# Germ-o-rama

by Lydia Lukidis



1. List the two main types of germs.



# ~ PREVIEW ~

Please log in or register to download  
the printable version of this worksheet.

4. Give one way you can protect yourself against germs. (use a complete sentence.)

Wash your hands with soap often.

# ANSWER KEY

## Germ-o-rama

by Lydia Lukidis



The scrambled words below are vocabulary words from the article. Unscramble each word and write it on the line. Please be sure each word is spelled correctly.

1. microscope

p o c r i c e m s o

**hint:** a device used to see really tiny things

2

3

4

5

6

7

8

9

~ **PREVIEW** ~

Please log in or register to download the printable version of this worksheet.

8. napkins

n a p k i n s

**hint:** thin paper squares you use to clean your nose